

FALL SESSION 2019

as of 16AUG2019

Membership of **\$50.00** will be charged
(This is payable once a year from July 1st to June 30th)



Full Payment is required at registration *Ask about our family discount*

General Gymnastics Classes (6 yrs & up) 13 week session

1 hour/week class - \$260 & 1.5 hour/week class - \$345

FIRST CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Sept 9	Sept 10	Sept 11	Sept 12	Sept 13	Sept 14
CANGYM RECREATIONAL PROGRAM for 6 to 9 yrs old						
MORE CLASSES HAVE BEEN ADDED!						
BURGUNDY/RED 6-9 years	5:00-6:00 6:00-7:00 7:00-8:00	5:00-6:00	4:00-5:00 5:00-6:00 6:00-7:00 7:00-8:00	7:00-8:00	5:00-6:00 6:00-7:00	9:00-10:00 9:30-10:30 10:00-11:00 BOYS
TAN/BRONZE 6-9 years	6:00-7:00 7:00-8:00	6:00-7:00	5:00-6:00 5:30-6:30 BOYS 7:00-8:00 (2)	6:00-7:00 7:00-8:00	6:00-7:00	10:30-11:30 11:00-12:00
PURPLE/BLUE & TURQ 6-9 years		4:30-6:00	4:00-5:30 5:00-6:30 BOYS	4:00-5:30	4:00-5:30 6:00-7:30	10:30-12:00 11:30-1:00 12:00-1:30
TEEN PROGRAM for 10 yrs & up						
BEG. TEEN (Burg/Red)				7:00-8:00		
PRE-INT. TEEN (Tan/Bronze)				7:30-8:30	7:30-8:30	
INT. TEENS (Purple/Blue/Turq)	7:00-8:30	7:00-8:30	6:30-8:00			12:00-1:30
ADV. TEENS (Silver & Up)	7:00-8:30		6:30-8:00			12:00-1:30
HOMESCHOOL						
Home School			2:30-3:30			
NEW CLASSES						
FLEX STRETCH & ACRO					5:30- 6:30 pm	
EXCEL - full year program - trains 2x a week for 2 hrs (see matching #)						
Must be entering or above CANGym BLUE level			4:30-6:30 (#2)		4:30-6:30 (#2)	
Must be 8 years old by Sept 30th				5:30-7:30 (#4)		12:00-2:00 (#4)
		Tuesdays	Sundays	Sundays from Sept 15 - Dec 8 - (12 wks) - \$300 NOTE: Parents or Aids must attend with children		
FUN DISCOVERY KIDS - 3-5 years			10:00-11:00			
FUN DISCOVERY KIDS - 6+			11:00-12:00			
Evolution Kids Coach Recommended		5:00-6:00	For athletes transitioning from the Fun Discovery Kids program. Registration not available on line - 13 wks			
LAST CLASS	Dec 16	Dec 3	Dec 4	Dec 12	Dec 6	Dec 7

Please Note: Dynamyx reserves the right to cancel, add or change classes due to registration and/or coach availability.

There will be no classes Thanksgiving - October 14th, Halloween October 31st- Remembrance Day, Nov 11th.

Register ONLINE: www.dynamyxgymnastics.com

Bay # 104, # 25 Chisholm Ave, St Albert AB T8N 5A5 (780)-458-3153