

# FALL SESSION 2020

as of 1SEPT2020



Membership of **\$55.00** payable at registration  
(This is payable once a year from July 1st to June 30th)



**NEW: Class payment options -3 & 4 month installment plans available. \*Ask about our family discount\***

## General Gymnastics Classes (6 yrs & up) 7 to 8 week session

1 hour/week class - \$157-178 & 1.5 hour/week class - \$206-234 - 3 or 4 mth installment plan

FIRST CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Nov 2	Nov 3	Nov 4	Nov 5	Nov 6	Nov 7

### CANGYM RECREATIONAL PROGRAM for 6 to 9 yrs old

#### MORE CLASSES MAY BE ADDED

BURGUNDY/RED 6-9 years	5:30-6:30	4:00-5:00	5:30-6:30	1:00-2:00	11:30-12:30	9:30-10:30
	5:30-6:30 BOYS			4:00-5:00 7:00-8:00		11:00-12:00 12:30-1:30
TAN/BRONZE 6-9 years	4:00-5:00	4:00-5:00 5:30-6:30	4:00-5:00	1:00-2:00 5:30-6:30 7:00-8:00	4:00-5:00	9:30-10:30 11:00-12:00 BOYS
PURPLE/BLUE & TURQ 6-9 years	7:00-8:30	6:30-8:00 7:00-8:30	7:00-8:30		7:00-8:30	12:30-2:00 12:30-2:00 BOYS

### TEEN PROGRAM for 10 yrs & up

BEG. TEEN (Burg/Red)	7:00-8:00				7:00-8:00	
PRE-INT. TEEN (Tan/Bronze)		7:00-8:00				
INT. TEENS (Purple/Blue/Turq)	7:00-8:30		7:00-8:30		7:00-8:30	12:30-2:00
ADV. TEENS (Silver & Up)	7:00-8:30	7:00-8:30		7:00-8:30	7:00-8:30	

### HOMESCHOOL

Home School			2:00-3:00			
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### EXCEL - LIMITED SPOTS AVAILABLE - full year program - trains 2x a week for 2 hrs (see matching #) \$2400 yrly/mthly payment options

Must have completed CanGym PURPLE LEVEL - mbrship \$85		4:00-6:00 (#1)	4:00-6:00 (#2)	4:00-6:00 (#1)	4:00-6:00 (#2)	
			6:30-8:30 (#3)		6:30-8:30 (#3)	

Must be 8 yrs old by Sept 30th. This program will allow athletes to attend fun meets & work on floor routines. Designed for advance Rec level athletes.

I CAN - INCLUSION CLASSES		Tuesdays	Sundays	COST - \$250			
FUN DISCOVERY KIDS - 3-5 years			9:30-10:30	This class will have the gym to themselves in a quiet environment with no interruptions.			
FUN DISCOVERY KIDS - 6+			11:00-12:00				
Evolution Kids	Coach			For athletes transitioning from the Fun Discovery Kids program. Registration not available on line			
Recommended		5:30-6:30					
LAST CLASS		Dec 21	Dec 22	Dec 23	Dec 17	Dec 18	Dec 19

Please Note: Dynamyx reserves the right to cancel, add or change classes due to registration and/or coach availability.

There will be no classes Thanksgiving - October 12th, Remembrance Day - November 11th

**Register ONLINE: [www.dynamyxgymnastics.com](http://www.dynamyxgymnastics.com)**

**NEW LOCATION: Bay # 110, 175 Carlton Drive, St Albert AB (780)-458-3153**