

Fall Session 2024



as of 11 JUNE 2024

Membership of \$65.00 payable at registration
(Annual fee subject to change based on new pricing)



Class payment options - 3 month installment plans available after initial deposit.

FAMILY CLASSES - walking to 5 years old

Great for participants walking to 5 years old. Great for first-timers and shy children that need a slower-paced introduction.

1 hour a week/13 WEEK SESSION - \$267

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FIRST SESSION STARTS	Sept 9	Sept 10	Sept 11	Sept 12	Sept 13	Sept 14
Family Class - 0-3 yrs	9:30-10:30 10:30-11:30	9:30-10:30	10:30-11:30	11:00-12:00		
Family Class - 0-5 yrs		10:30-11:30			5:00-6:00	9:00-10:00 10:00-11:00
LAST CLASS	Dec 16	Dec 3	Dec 4	Dec 12	Dec 6	Dec 7

TUMBLEBUG CLASSES for 3 to 5 year olds

1hour/week class - \$309 & 1.5 hour/week class - \$400

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FIRST SESSION STARTS	Sept 9	Sept 10	Sept 11	Sept 12	Sept 13	Sept 14
Tumblebugs 1 *Must be 3 by start of class	9:30-10:30 10:30-11:30 1:00-2:00 4:00-5:00 5:00-6:00	10:30-11:30 5:00-6:00	9:30-10:30 10:30-11:30 5:00-6:00	9:30-10:30 4:00-5:00 5:30-6:30	4:00-5:00	9:00-10:00 10:30-11:30 11:00-12:00
Tumblebugs 2 3-5 yrs years	2:00-3:00 5:00-6:00	9:30-10:30 10:30-11:30 2:00-3:00 5:00-6:00 6:00-7:00	10:30-11:30 5:00-6:00 6:00-7:00		4:00-5:00	9:00-10:00 9:30-10:30 10:00-11:00
Tumblebugs 3 3-5 years	4:30-5:30 5:00-6:00 6:00-7:00	9:30-10:30 1:00-2:00 4:00-5:00 5:30-6:30	5:00-6:00 6:00-7:00	5:00-6:00		9:30-10:30
Tumblebugs 4/5 Intermediate (coach Recommended)	5:30-7:00	1:00-2:30	4:00-5:30			12:00-1:30
Dance & Gym 3-5 yrs old			6:00-7:00			
LAST CLASS	Dec 16	Dec 3	Dec 4	Dec 12	Dec 6	Dec 7

Please Note: Dynamyx reserves the right to cancel, add, or change classes due to registration and/or coach availability.

There will be no classes Thanksgiving - Oct 14, Halloween - Oct 31 & Remembrance Day - Nov 11

REGISTER ONLINE at: <https://dynamyx.uplifterinc.com/>

Bay # 110, 175 Carleton Drive, St Albert AB (780) 458-3153

DID YOU KNOWGymnastics is the foundation sport for all other sports! Why is gymnastics is the foundation of all sports?

Gymnastics teaches the fundamental movement and sports skills that are at the core of every other sport. Fundamental movement skills include skills like climbing, swinging, balancing and landing. It develops the ABCs of athleticism: agility, balance, coordination and speed.

Drop-Ins

Parent & Tot - Day Time Fridays at noon to 1 pm
Family/ Teen Drop-Ins - Fridays at 7 pm